

February 19-21 2010

Friday Evening, Saturday & Sunday Morning

Space is limited!

Registration necessary by Feb. 15th

Remove this registration form and mail it with your check payable to:

The Henry Foundation
P.O. Box 540501,
Omaha, NE 68154-0501

Adult Rate

Whole weekend* (\$95) _____

Saturday only** (\$60) _____

Student Rate

Whole weekend* (\$60) _____

Saturday only** (\$45) _____

Partial Rate

½ Day Sat /1 Speaker** (\$30) _____

48 Hr Cancel Policy- 6PM Wed prior

**Wk End Price all inclusive - include cabins, speaker presentations & 2 meals Sat.*

***Saturday only Price - includes all speaker presentations, sack lunch & dinner*

****1/2 Day Saturday - includes speaker presentations*

e-mail (required)

Name (required)

Phone Number (required)

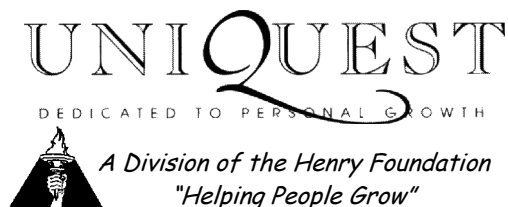
Address _____

City _____ State _____

Zip _____

Check # _____ Amt # _____

Vegetarian Meal Plan _____ yes _____ no _____



Uniquet, a division of the Henry Foundation, a 501c non-profit organization, is a metaphysical and *pro-spirituality* discussion group. It is not affiliated with or focused on any particular organized religion. The foundation embraces many similarities rather than contradictions between the belief systems in all spiritual faiths & philosophies.

Expect extremely positive energy!

The foundation sponsors classes and retreats featuring guest speakers on a variety of philosophical, metaphysical and spiritual topics with the intentions of promoting positive personal growth for all. The guest speakers bring information that may seem new or refreshing, and a buffet of information develops. Participation is welcome & encouraged in open discussions at all events. The Henry Foundation requests that attendees take what information you like, & leave the rest.



Uniquet
P.O. Box 540501
Omaha, NE 68154-0501
Phone: 402-334-8154
E-mail: info@thehenryfoundation.org
www.thehenryfoundation.org
www.UniquetBlog.org

UNIQUEST
DEDICATED TO PERSONAL GROWTH
A Division of the Henry Foundation

Winter
Retreat
February 19, 20, 21 2010
Friday Evening, Saturday & Sunday Morning

"Enhancing Spirituality"

Winter Retreat regarding personal spirituality and metaphysics sponsored by Uniquet, "A Division of the Henry Foundation." Topics include:

Perfect Universe – Henry's Teachings
by Jody Garretson

Connecting w/Your Guardian Angels
through Hypnosis
by Magda Blanco

Acupuncture & Its Relation to Energy
By Joel Dunning

Yoga/Meditation For Beginners
by Sue Moon

Following 12Noon-6:30 PM – earlier if desired!

Readings Vendor
Magda Blanco TBA

Platte River State Park
14421 346th St.
Louisville, NE 68037-3001

*Lodging provided in the Owens winterized cabins.
Saturday presentations & meals at Mallet Lodge*

We invite you to join us! Space is limited!

www.thehenryfoundation.org
www.UniquetBlog.org

Winter Retreat regarding personal spirituality
and metaphysics sponsored by Uniquet,
A Division of the Henry Foundation.

Friday, February 19th

7:00 PM Introductions,
Opening Meditation &
Metaphysical Movie

Saturday, February 20th

8:15 AM Personal Meditation Time
Fresh Morning Walk

9:00 AM Perfect Universe - Henry's Teachings
by Jody Garretson

Oh how we lament when our world's do
not go to our great expectations & the human element in
us questions. *Jody Garretson, student of life, Silva Mind
& SFL, Henry Fdn Bd Mbr, studied under Henry for
yrs. Jody shares Henry's teachings in hopes to inspire &
encourage others to - "Help make their life go better."*

10:00 AM Connecting with Your Guardian
Angel Through Hypnosis
by Magda Blanco

Discussion concerning the importance of Guardian
Angels in our lives, the myriad of ways angels contact us,
& why having a conscious relationship with our guardian
angel is so important. Includes a channeled message to
the group at large regarding spirit contacts, followed by a
group hypnosis session during which each group member
will go into a light trance in order to have conscious con-
tact with their guardian angel! *Magda, a gifted Psychic &
channel since youth. has a remarkable 95% accuracy
rate. Readings include a powerful healing. She extends
her gift of successful energy from the spirit world into a
person's aura insuring a shift in their energies & aids
them in attracting more success in their lives. Magna
shares love with all!* **10 Min Reads \$10**

12 Noon Catered – Brown Sack Lunch in
Mallet Lodge

2:00 PM Acupuncture & Its Relation to
Energy – by Joel Dunning

A discussion on the basics of Chinese health and healing;
this lecture will include background on the principles of Acu-
puncture and its relation to the flux of energy throughout na-
ture. *Beginning with a Black Belt in Karate, Joel Dunning
developed an interest in the Eastern approach to health. Fol-
lowing a Pre-Medicine Degree at Saint John's Univ. (MN) he
pursued two years study in China & a four yr Master's De-
gree of Acupuncture at Yo San University in Los Angeles.
Joel is nationally (NCCAOM & state licensed in Acupuncture
& Chinese Herbalis, he maintains an Omaha practice.*

5:30 PM Catered Dinner in Mallet Lodge

7:30 PM Briefing re: Energy Circle
for those new to the experience.

Dan Lombardo will give a brief overview of what the energy
circle is to anyone who has not experienced it before, prepar-
ing them for a great experience.

8:00 PM Energy Circle Meditation/Prayer
Led by Dan Lombardo

Expect the unexpected! The Energy Circle will be facilitated
by Dan from this side. However, it is highly probable that
Henry, Master Teacher & beloved friend will facilitate on a
higher level in a fascinating experience demonstrating the
power in focused group energy. This is a favorite of previous
attendees. Many have received healings, messages or
enlightenment. *Dan, Student of Life, is a Henry Fdn. Board
Mbr. and facilitates Uniquet's bi-weekly classes & Energy
Circle.*

9:30 PM Facilitated by Geoff Wertheim

In the spirit of the Rainbow family, playing
as one, drumming is to help focus healing, Love &
Light towards all beings & our mother Earth via the common
heartbeat of the planet for healing & growth for the earth &
all that reside here.

Sunday, February 21st

9:30 AM Yoga/Meditation For Beginners
by Sue Moon

Habits shape our lives, especially posture,
movement & stress. These are patterns that reveal & show the
direction of your peace of mind & good physical health. Yoga
meditation/relaxation allows the practice of asanas (postures) to
be integrated, leaving you feeling wonderful, relieving tension &
bringing Balance, Harmony & greater circulation /healing to
“stuck” body parts. *Sue, Intuitive Healer & Astrology Counselor,
Massage Therapist, Reiki Master/Teacher, Teacher of Yoga &
Kunda-lini Meditation, Organic Wholefoods, Minister, Nurse &
NLP has over 40 years experience. Sue is a partner in Morning
Star-A Center for Change. Sue uses her intuitive to help you
journey to your soul level energy. www.morningstarcenter.com*

Any Questions?

Please Note;

- All programs and all catered meals are held at the Mallet Lodge
- Lodging, bedding, & towels are included in the fee for the whole weekend.
- Cabins include showers & restrooms, bunk beds, frig w/freezer
- Suggestions to bring include: Flashlight, snacks, breakfast items, Friday meal, & Beverages you want to drink between meals.
- Saturday sack lunch & dinner included
- **Nebraska State Parks Permit required \$4.00/day – Please Purchase at Park Office**

info@thehenryfoundation.org

402-334-8154

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