



September 16, 17, 18, 2011
 Friday Evening, Saturday & Sunday Morning

Space limited – Registration necessary by Sept 14th

Mail registration below with check payable to:

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Payable to: The Henry Foundation
P.O. Box 540501, Omaha, NE 68154-0501

Adult Rate* Entire weekend (\$95) ___
 Saturday only (\$60)___

Student Rate** Whole weekend (\$60) ___
 Saturday only (\$45)___

Partial Rate *** 1/2 Day Saturday (\$30 ___
 1 Speaker only (\$25)___

****48 Hr Cancel Policy- 6PM Wed prior***

*Wk End Price all inclusive - include cabins, speaker presentations, sack lunch & dinner Sat.

**Saturday only Price - includes all speakers. presentations, sack lunch & dinner

***1/2 Day Saturday – includes speaker presentation

e-mail
 (Required) _____

Name (Required) _____

Phone Number (required) _____

Address _____

City _____ **State** _____

Zip _____

Check # _____ **Amount \$** _____

Vegetarian Meal Plan _____ **Yes** _____ **No** _____

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The Henry Foundation, a 501c non-profit organization is a metaphysical & *pro-spirituality* discussion group. It is not affiliated with or focused on any particular organized religion. The Foundation embraces many similarities rather than differences between belief systems in all spiritual faiths & philosophies

Expect extremely positive energy!

The Foundation sponsors classes and retreats featuring guest speakers on a variety of philosophical, metaphysical & spiritual topics with the intentions of promoting positive personal growth. Participation is welcome in open discussions.

Check out our Classes

*** WHERE TO GO!**

Uniquist “Division of the Henry Foundation”

Rents space on the upper level of Unity Church,
 3424 N. 90th St., Omaha, NE
 Enter rear door \$6 love offering is suggested, but not required.

Time: 7- 8:30 PM
 1st & 3rd Mondays of each Month

Uniquist

“A Division of the Henry Foundation”
 P.O. Box 540501
 Omaha, NE 68154-0501
 Phone: 402-334-8154

e-mail: info@thehenryfoundation.org
www.thehenryfoundation.org
www.UniquistBlog.org

Autumn
Retreat

September 16, 17, 18, 2011
 Friday PM, Saturday & Sunday Morning

“Spiritual Insights”

Saturday 9/17/11

Change – Henry’s Teachings
 By Jody Garretson

Discovering Your Intuition
 By Andy Myers - Omaha

Experience the Bhagavad Gita
 (Song of God)
 By Leela Bruner – Loess Hills, Iowa

Sunday 9/18/11

Firmly Connected
 By Gina Green – Omaha

Enjoy the Following 9AM-7:30 PM

Readings	Vendor
Andy Myers	Massage - Kara Heckerroth

Platte River State Park
 14421 346th St., Louisville, NE 68037-3001

Lodging provided in Burr Oak Cabins
 Saturday presentations & meals at Mallet Lodge

We invite you to join us! Space is Limited!

Friday, Sept 16, 2011

Introductions

7:00 PM *Opening Meditation
Metaphysical Movie*

Saturday, Sept 17, 2011

8:15 AM *Personal Meditation Time
Fresh Morning Walk*

9:30 AM *Change – Henry's
Teachings - By Jody Garretson*

Life is constantly changing & evolving producing growth, development & progress. Changes strengthen you. Embrace & bless changes as they occur in life.

Jody Garretson, student of life, Silva Mind & SFL, Henry Fdn Board Member, studied under Henry for yrs. Jody shares Henry's teachings in hopes to inspire & encourage others to "Help make their life go better."

10:30 AM *Discovering Your
Intuition*



By Andy Myers

Learn what intuition is, the different kinds of intuition, how to use it, & what practical applications it has in daily living. Explore how spirituality & the body-mind-spirit connection relates to intuition. *** Followed by Q&A time.

*Andy Myers is an intuitive life coach. He is a teacher, speaker, Founder of the Omaha Metaphysical Network & the Young Intuitives, is on Q98.5 FM. His mission is to improve the lives of others. He uses his gift to guide, comfort, & provides others with a sense of direction in life, as well as showing them the practical applications of intuition & inspiring them to tap into their own abilities. ** Readings Avail Sat & Sun*
<http://www.psychicandy.com/index.html>

12:00 Noon *Catered Sack Lunch
at Mallet Lodge*

2:30 PM *Experience the Bhagavad
Gita (Song of God)*



By Leela Bruner

The Gita is a sacred Hindu scripture whose philosophies & insights reach beyond religion to all of humanity. In 700 verses it is a concise practical guide to life & is considered the most important text in literature history. Leela will chant its original form in Sanskrit & the same chapters from her own work. Letting its holy vibration soak into you is a divine meditational experience. <http://www.poweroflovetemple.org/>

Leela, an Astrologer, is the founder, director, sculptor, architect, structural engineer, builder, & temple slave for Power of Love Temple. She has rendered 44 bhajans from Gujarati to English matching the original melodies, meaning & rhythms which are self published in the book Bhajan Fever. Some of these translations were sung for groups of scholars by Leela in Temples & Ashrams across India.

5:30 PM *Catered Dinner in Mallet Lodge*

7:30 PM *Briefing re: Energy Circle
for those new to the experience*

Dan Lombardo will give a brief overview of the mechanisms & purpose of the Energy Circle for anyone who has not experienced the Energy Circle before, preparing them for a great experience.

8:00 PM *Energy Circle - Meditation*



Led by Dan Lombardo

Expect the unexpected! The Energy Circle will be facilitated by Dan from this side. However, it is highly probable that Henry, Master Teacher & beloved friend will facilitate on a higher level in a fascinating experience demonstrating the power in focused group energy. This is a favorite of many

previous attendees. Many have received healings, messages or enlightenment.

Dan, Student of Life is a Henry Foundation Board member. He leads Uniquest's classes & Energy Circle.

Sunday, Sept 18, 2011

9:30 AM *Firmly Connected*



By Gina Green

Interactive class on connecting with self & others. Different skills are used to stay connected to ourselves in the presence of another. No one is "doing" anything to us. The inability to stay connected to self while interacting with life causes unhappiness. Learn to enjoy the intensity of life.

Gina Green LMT, CBP. CHP has 22 years experience in the teaching & health fields, including body balancing techniques that comprise Body Talk, reflexology and is a Reiki master. Eliminating stress is Gina's specialty.

**Please Note - *Programs + Saturday Lunch *
& Dinner held at Mallet Lodge**

* Owens Cabins: Lodging, bedding, & towels are included in the fee for the whole weekend.

* Cabins include Bunk beds, frig w/freezer.

* Shower & restrooms at the Pavilion

* Suggestions to bring include: Flashlight, snacks, breakfast items, Friday meal, & beverages you want to drink between meals.

* Saturday sack Lunch & Dinner included.

***Nebraska State Parks Permit required
\$4.50/day *** Please Purchase at Park Office**

Any Questions?

info@thehenryfoundation.org

402-334-8154

Uniquest, "A Division of the Henry Foundation"

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